



CHARTER

for responsible travel

IN MY ACCOMMODATION

🔹 Favor accommodation with a label or certification in favor of sustainable development (ex : Green Key).



🔹 Turn off lights and heating when not needed.

🔹 Put your devices on standby, turn them off or unplug them when you're away.



🔹 Keep the same bath towels and sheets for the duration of your stay.

🔹 Turn off the taps when soaping and brushing your teeth.

🔹 Favor the shower, not exceeding 5 minutes, rather than a bath.

In my toiletry case

- Favor washable wipes and cotton pads.
- Use solid shampoos, soaps, deodorants and toothpastes.
- Use biodegradable and ideally artisanal and local products.

IN THE KITCHEN

- ♥ Cooking local and seasonal products.
- ♥ Favor local markets and producers for shopping.
- ♥ Sort waste.

ON YOUR TRAVELS

🌱 Prioritize soft mobility.



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At the restaurant and bar, favor eating places displaying an approach in favor of ecology.

Ex :  écotable®,  Food Index For Good



SHOPPING



When possible use the local Norman currency: the Rollon.



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ON THE BEACH

- If you encounter a seal on the beach: stay at least 300 m (985ft) away to observe it and do not interact with it.
- Use the trash cans available or the tide pans to throw away the waste.
- Choose a water-resistant protective cream rather than oil, and do not cover yourself with it immediately before going swimming.
- Respect small animals and insects encountered.
- Be careful not to crush the plover eggs* and signal their presence to other walkers with natural elements positioned around them.



**Small seaside bird nesting in spring at the top of the beach, on the sand, pebbles or deep in the vegetation.*

Fishing on foot

- ➔ Reposition the lifted stones in their original place.
- ➔ Find out about the quantity, species and sizes authorized (ask for strips at the Tourist Office).
- ➔ Only take what you will consume.



WITH MY DOG

- Pick up dog droppings.
- Find out about authorized places for walks.
- Keep him on a leash in sensitive natural areas so that he does not disturb biodiversity.

ON A WALK OR HIKE

- Choose a water bottle rather than a plastic bottle.
- Find out about protected natural areas.
- Take a bag as a trash can so as not to leave your waste lying around and ask the Tourist Office for pocket ashtrays.
- After midnight, minimize noise so as not to disturb residents.



At the end of your stay, return your documentation to the Tourist Office, so that it can be reused or sorted.